

Signs of Malnutrition

- D**
 - decreased mobility
 - dry mouth
- I**
 - increased infection
 - irritability
- E**
 - eyes sunken
- T**
 - tiredness

- H**
 - hair loss
 - hollowed templates (bones and clavicle)
- E**
 - emaciated (looking very thin and frail)
- L**
 - loose dentures
 - loose clothes and jewellery
 - low mood depression
- P**
 - pale complexion
 - poorly
- S**
 - sores
 - skin conditions